



## Pre-operative Instructions for General Anesthesia or Intravenous Sedation

### Eating/Drinking

If your surgery is to be performed under general anesthesia or intravenous sedation, do not eat or drink **anything** for at least eight (8) hours before the procedure. **Failure to comply could be life threatening.**

### Medication

If you are taking any medication on a regular basis, the decision will be made by your doctor whether or not to continue it on the morning of your surgery. If medication is taken, it can be swallowed with only a sip of water.

### Smoking

If you are a smoker, please abstain for at least 24 hours prior to your surgery and for two weeks after surgery.

### Clothing

Wear comfortable loose clothing, including a short sleeve shirt if possible. Avoid turtle-neck styles.

### Contact Lenses/Removable Dental Appliances

If you wear contact lenses, do not wear them to your surgery appointment or bring your container so that you can remove them prior to surgery.

If you wear a removable dental appliance (denture, retainer), it must be removed prior to the procedure.

### Transportation

A responsible adult (or parent or legal guardian if patient is a minor) must accompany the patient and **remain** in the reception room during the procedure and recovery period. It will be this individual's responsibility to escort the patient home.

### Other

**No personal items, including cell phones, will be allowed in the surgery suite during surgery.**

Please remove nail polish and lipstick before surgery.

All facial and oral piercings must be removed prior to surgery.

**If you have any questions about scheduled procedures, anesthesia, pre-operative instructions or any issue not addressed here, please feel free to contact the office.**